

Medals given for the top 3 finishers in the following categories:

Women
5 K

13 & under
14-19
20-29
30-39
40-49
50-59
60-69
70 & over

2 mile
13 & under
14-19
20-29
30-39
40-49
50-59
60-69
70 & over

Men
5K

13 & under
14-19
20-29
30-39
40-49
50-59
60-69
70 & over

2 mile
13 & under
14-19
20-29
30-39
40-49
50-59
60-69
70 & over

Hancock County Public Health Services
545 State Street
Garner IA 50438

Hancock County Public Health Services

1st Annual

5k and 2 mile Run-Walk Event



Promoting Health, Enhancing Lives

Saturday July 25, 2009 Hancock County Fairgrounds Britt Iowa

***Both Races Start at
7:30 a.m. Sharp!**
To pick up packets
& same day registrants
should arrive at 6:30 a.m.

***Race begins & finishes
at the main entrance of
the Hancock County
Fairgrounds**
Located on 7th Ave SE
just outside of Britt

***Registration**
Fee is \$12.00 if
pre-registered by July 1, 2009

Fee is \$15.00 the day of the race

***Awards**
T-shirts will be given to the first 100
registrants.
Medals will be given to the first 3
finishers in each division for both
male and female.
Award ceremony and refreshments
following the race at the free stage
on the fairgrounds.

What is Public Health??

Iowans can reasonably expect the following basic services from any public health agency in Iowa

- Prevention of Epidemics & the Spread of Disease
- Protection Against Environmental Hazards
- Preventing Injuries
- Promoting Healthy Behaviors
- Preparing for, Responding to & Recovering from Public Health Emergencies

To Pre-register by July 1, 2009:
Send this entry form and \$12.00 to:

**Hancock County Public Health Services
Run Walk Event
545 State Street
Garner IA 50438**

If you live locally and would like to pick up your packet
before the race you may do so at the above address

The race is on across the nation, across Iowa and across Hancock County to become the healthiest we can, to save money and lives! You can make a difference by making healthy changes in your lifestyle and make a difference in the community around you. Bottom line—if you care about your health, the length and quality of your life, and the health and lives of your friends and family, then you should care about public health.

To learn more about our programs, please call Hancock County Public Health Services, 641-923-3676 or visit our website at www.hancockpublichealth.org. We look forward to hearing from you!



Bringing a friend??
You can download and print
additional flyers with entry form on our website:
www.hancockpublichealth.org
Click on Run Walk Event

PLEASE PRINT

Name (last, first) _____

Mailing Address _____

City _____

Telephone () - _____ Email: _____

Event: 5K _____ 2 mile _____

Age on Race Day _____ Sex (circle one) M or F

State _____

Zip _____

T-Shirt size (circle one) S M L XL

2009 ENTRY FORM

I have entered a run/walk event hosted by Hancock County Public Health Services. My entry fee is consideration for being able to participate in this event and is nonrefundable. HCPHS may use images of me participating in this event in its promotional materials, a use that I consent to without need for compensation. I do not know of any physical or medical condition or limitation that causes me concern over participating in this event or would make it likely that injury, illness or death could occur. I release HCPHS and Hancock County, Iowa, as well as its officers, employees, agents and designees from any liability arising to me, my heirs, legatees, assignees, representatives or agents, from damage, injury, illness or death suffered during, or because of, my participation in this event.

Signature _____

Signature of Parent if under 18 _____

Date _____